



KIDS CENTRAL, INC.

A COMMUNITY APPROACH TO THE WELFARE OF CHILDREN

Building Better Lives

Mobility Mapping Questions: How to Guide

HOW TO START

Prepare the child by saying things like: “We are going to have a lot of fun today and draw a big picture of the story of your life. We are only going to focus on positive memories and you can skip over any negative memories or negative times in your life. I want to be able to remember all of the things you tell me so I may go back and ask you questions or write some notes. Does that sound ok to you?”

Remember to be patient and encourage the child to draw the pictures. The act of drawing is what triggers the deep layers of the brain where memories are stored. You can start with the questions below to help you get the conversation started.

Use these questions as a guide to help you get started or stay on track during mobility mappings. These questions are not all inclusive as each child will require individualized attention and guidance to successfully complete a mobility mapping.





KIDS CENTRAL, INC.

A COMMUNITY APPROACH TO THE WELFARE OF CHILDREN

Building Better Lives

QUESTIONS

1. Think back as far as you can in your life. Where was the first place you remember living?
2. What did it look like? Can you draw it for me?
3. How old were you when you lived there?
4. Who lived there with you?
5. Can you draw them for me?
6. What were their names?
7. How old were they?
8. Do you remember your neighbors?
9. Can you draw their houses?
10. What were their names?
11. Did you know them well?
12. What school did you go to?
13. Did you ride the bus?
14. Did you have a favorite teacher?
15. What was their name?
16. Can you draw the school and your teacher in it?
17. How about a favorite coach?
18. Did you go to church?
19. Can you draw the church?
20. What did you do for fun when you lived here?
21. Did anyone come to visit often?
22. Do you go visit anyone?
23. Where did you live next?
24. How old were you when you moved?
25. Who lived with you in this place?
26. Draw them and the house and how old they were.
27. Repeat this until present day.





KIDS CENTRAL, INC.

A COMMUNITY APPROACH TO THE WELFARE OF CHILDREN

Building Better Lives

OTHER CLARIFYING QUESTIONS

1. Ask who in the family would know relatives last names?
2. Who coordinated family reunions?
3. Ask about foods eaten and accents.
4. Land marks and street names.
5. Size of family to their knowledge?
6. Fun memories or stories
7. Ask about their social sites (facebook, myspace, cell phone number).

SAFETY CONVERSATION

1. Ask them to go back with a different color marker and put a mark next to the people that they feel safe with.
2. Ask them to repeat this with a different color mark and mark the people they do NOT feel safe with.
3. Ask them to identify the people from the safe list that they would want to reconnect with.

NEEDS

Question to ask: "What five things are missing in your life right now? They can be people, places, things, or unanswered questions."

1. Ask them to identify their top 5 needs
2. Ask them to place a number next to the need in order of importance with 1 being the most important and 5 the least important.

REMEMBER TO ENCOURAGE OFTEN AND TO REDIRECT AWAY FROM NEGATIVE MEMORIES

In 2011, Kids Central was funded in part by the Children's Bureau/Administration for Children & Families/Health & Human Services for the following projects: Grant # 90-CF-0026 Family Finding

